



Ovia & Autism Spectrum Disorder (ASD)

Because all children deserve to thrive.

Ovia Health™ is here to support you, whether your child has been diagnosed with an Autism Spectrum Disorder (ASD) or you are looking out for potential indicators. Neurological diversity is part of what makes each child a unique part of your family.

The Ovia™ Parenting app is included in your health plan benefits, offered through Blue Cross and Blue Shield of Texas (BCBSTX).

1. Center for Disease Control and Prevention, "Data & Statistics on Autism Spectrum Disorder".

ASD awareness & support in Ovia Parenting

1 in 54 children is diagnosed with an autism spectrum disorder. Ovia's ASD awareness program helps parents look out for signs of developmental delays and other learning differences, while Ovia's ASD support program helps empower and support parents of young children with an ASD.

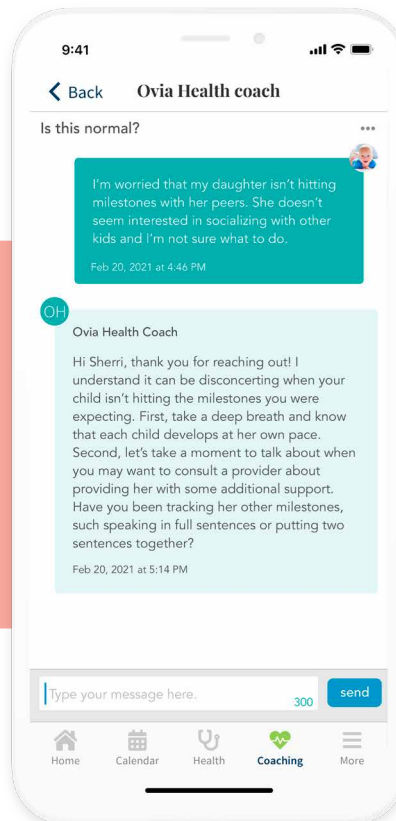
Both programs allow you as a parent to engage with educational information, track your child's milestones, and receive conversation guides to best prepare you to speak with healthcare providers about developmental delays and ASD.

Finally, Ovia's health coaches are available to provide empathetic support and guidance, including referring you to additional mental health resources or accessing helpful benefits.

Self-advocacy guides to help you talk to healthcare providers



Unlimited 1-on-1 coaching with family health specialists



Help for navigating ASD services from Early Intervention to the public school system



Download Ovia Parenting on your smartphone to enroll in an ASD program.

Contact BCBSTX for more information regarding additional autism services available as part of your health plan benefits.