



Employee Assistance Program

Balancing life's challenges

Maintaining a healthy work/life balance isn't always easy. When you need help, your Employee Assistance Program benefit is here for you. These work/life services are offered to you and your household members at no cost.

No problem is too big or too small.

Whether you're searching for childcare or a plumber, our Work/Life specialists can help. They can save you time and effort by researching solutions and helping you find answers. Work/life services can help with a wide range of scenarios related to everyday life.



Childcare

Information and referrals on care options



Education

Tips for choosing the right school in your area



Elder care

Transportation to medical appointments and referrals to care



Pet care

Help finding sitters, grooming, veterinarians, and more



Home care

Referrals for home maintenance such as plumbers, electricians, or landscapers

We're here for you

Contact us today. Your conversation will be strictly confidential.



carelonwellbeing.com/gannett

855-442-4236



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